INSIDE





The Phoenix Foundation

Wellington band The Phoenix Foundation are back with their fourth album *Buffalo*. Before heading off on a nationwide tour, which includes a gig in Queenstown tonight, frontman Samuel Flynn Scott talked to **Jule Scherer** about awkward feelings, movie scores and how the band connects with its listeners.



sounding record in some ways," singer Scott tells NZPA.

"It is not this big gestural album but it's got this kind of internalised

I am quite proud of it, that it is not a particularly commercial sounding album," he says.

After doing rather radio-friendly rock songs like Bleaching Sun and Bright Grey on the last album, the

band felt it was time to move on. "The album is pretty much us being honest to our own creative

desires and angles that we usually go for," he says.

They worked on and off for over a year on the new album.

"We did a lot of the work ourselves in our own studio. That was a big change for us, not doing

the whole thing in a studio but actually doing a lot of the production ourselves.

'That gave us a bit more freedom and took a bit of the pressure off, and we really got to experiment with a bunch of different stuff,

'It is not this big gestural album but it's got this kind of internalised weirdness. I am quite proud of it, that it is not a particularly commercial sounding album.'

Samuel Flynn Scott

How is a bloke meant to have fun?

MATE MARK WILSON



'M surely not alone in returning from duck shooting with a near full ammo belt.

However, ducks or no ducks it was another great weekend of blokes' bonding over hunting, sport and a few brews, which must be lapped up while it's still not banned or priced out of the reach of ordinary New Zealanders. This has been the fate of many traditional Kiwi pastimes.

Duck shooting is one of these last bastions of normality and Kiwi culture battling on in the face of mollycoddling law reforms and PC madness.

Duck shooting culture is considered bliss by so many southerners yet barbaric and tarnished with binge drinking by a few to the north of here.

Seriously, though, did someone wake up 30 years ago and decide that the world was so bad that they needed to radically rethink how Kiwis lived.

Now everyone is either lactose intolerant, on a gluten free diet or spiritually opposed to eating real food. God forbid anyone just eat what would have been considered normal food 50 years ago in case they are genetically predisposed to being obese. (Is that the same as eating too much and not doing any

A diet of air, water, hummus and soy milk is now seen as the way forward. Our mai mai wouldn't get the heart tick, but we are not queueing up for insulin or stomach staples. We drink and sometimes run amok – does that make us hoodlums or criminals? We better ban alcohol or work towards it over time with gradually tightening rules and restrictions matched with prices increases.

There has been talk of tightening gun controls. The licensing process has already been ramped up and costs a lot more than it did when I got my license. From what I can gather, the older generation's yarns at the mai mai and nostalgic recollection of my own youth, things were not that bad - in fact they were better, so why do we need

We are capable of looking after ourselves and making our own decisions. Punish those who aren't harshly, not everyone together. In 50 years we won't be drowning in fat or at the bottom of a bottle but under the sheer mountain of rules we have created.

Songwriter: Phoenix Foundation frontman Samuel Flynn Scott. to meddle?

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which was great and I think that led

to a lot of pretty collaborative

songwriting moments and a real team effort for a lot of things," he

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T'S almost three years since

released their acclaimed

third album *Happy Ending*.

But being the creative bunch

of people that they are, the

six band members used the time to release at least one solo album each

soundtracks, most recently for Taika Waititi's hit comedy Boy.

The band were formed in 1997 by

secondary school students Samuel Flynn Scott (guitar, vocals), Luke

Buda (guitar, vocals, keyboards)

keyboards). They were joined by

Richie Singleton (drums) and Will

Ricketts (percussion) and Warner Emery (bass). Emery has left the

band recently to focus on his solo

projects and was replaced by Tom

Now they have released their

"I think it is a kind of odd-

fourth studio album Buffalo.

Callwood.

Conrad Wedde (guitar,

composed two

Wellington

band The

Foundation



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